TWINNING PSYCHOLOGY

Hannele Puolakka

EFPTA conference 2016
Social Media Landscape 2015
• Boosting self-confidence and cultural awareness
• Breadth and depth of educational experience
• Networking and making even more friends!
• Collaboration
• Exchange

WHY ‘INTERNATIONALISING’ TEACHING AND LEARNING IS IMPORTANT?
Can I introduce a global element to the teaching and learning of Psychology?

• **YES!!!**
• Twin your Psychology class...
• ’Twinning classes, twinning teachers’: The current major project in EFPTA

• Promotes collaboration of Psychology teachers in Europe

• Potential for research projects, sharing of resources and possible teacher/student trips and exchanges, the planning of mutual study modules and learning about the latest research in various fields of Psychology
• Make contact with a link teacher abroad
• Choose a workable subject area, e.g. Sleep or stress or memory or...
• Contact your E-Safety advisor at School/College
• Set up a group Facebook page and invite your students to join in e.g. Edmodo
• Start planning research aims and procedures
How to set up a Collaborative Psychology Project on Sleep
• England
• Spain
• Romania
• Lithuania
• Turkey
TinyURL
QUESTIONNAIRE!!!

Sleep (Finland)

On weekdays (school days), I usually go to bed at ___ o’clock

[Time input field]

My usual weekend bedtime is ___ o’clock

[Time input field]

On weekdays (school days), I wake up at ___ o’clock

[Time input field]
Suomi: https://docs.google.com/forms/d/1KFyGMxUZl1GfvmYguZtMdiTabTEstTGY8hemxX4M50/viewform
Englanti: https://docs.google.com/forms/d/1vFEKq0nDIMorasoVG5u0kqJ0lQQWleaaSU2JPZBS5UM/viewform
Espanja: https://docs.google.com/forms/d/1C6nesoBcfrOjgoJ6seln64y1zCVkUNSOC3e65KfqkJY/viewform
Romania: https://docs.google.com/forms/d/1VJ_ZmsA51BOZaxOT_UFEV6DB2TXWcbICKDqFTEIOC9k/viewform
Turkki: https://docs.google.com/forms/d/1ibVzP3grJqIYnamEDKxbp0C7R17MHoVOO38fNmGXPgi/viewform
Liettua: https://docs.google.com/forms/d/1SwSrBHSG_Ft5oNN4GA23M5eA5H1wcnEQIwJgOJrXbs/viewform
Welcome to TinyURL! tinyurl.com
Are you sick of posting URLs in emails only to have it break when sent causing the recipient to have to cut and paste it back together?
1. Collaborating schools choose the same topic but a different focus, e.g. *Teenage sleep and motivation or sleep disorders*
2. Students conduct literature search on their area and begin project design
3. Skype presentation
4. Research questionnaires sent by email or dedicated Facebook page
5. Skype presentation of results and conclusions or flip cam footage put onto YouTube
6. Final poster presentation photos posted onto Facebook

**Project area: Sleep, stress, motivation, memory...**
But remember difficulties...
Why you know it makes sense...

• Help students to engage more with the Research Methods topic

• Active Psychology!

• Nurture their love of Psychology
• **Staff mobility KA1:**

1. **Teaching assignments:** this activity allows teachers to teach at a partner school abroad

2. **Staff training:** this activity supports the professional development of teachers in the form of: a) participation in structured courses or training events abroad; b) a job shadowing/observation period abroad in a partner school (from 2 days to 2 months)

**Erasmus + 2017!!!!!!**
• http://ec.europa.eu/programmes/erasmus-plus/
Thank you for your attention!