

Some useful links shared by participants in the webinar

- <https://www.gamian.eu/europeanyearformentalhealth/>
- <https://www.mindfulnessforteens.com/>
- <https://www.youngminds.org.uk/professional/resources/>
- <https://www.youngminds.org.uk/support-us/fundraising/helloyellow-resources/>
- <https://www.time-to-change.org.uk/take-action/resources-champions>
- <https://mhfaengland.org/mhfa-centre/resources/>
- <https://mieli.fi/en/materials/>
- <https://www.collaborativeclassroom.org/programs/caring-school-community/>
- https://eacea.ec.europa.eu/national-policies/eurydice/content/finland_en