

Sophia Afsar and Hannele Puolakka

TWINNING PSYCHOLOGY: SLEEP PROJECT

- Boosting self-confidence and cultural awareness
- Greater choices and possibilities for Higher Education
- Breadth and depth of educational experience
- Improved employment prospects
- Networking and making even more friends!
- Material for Personal Statements

WHY 'INTERNATIONALISING' TEACHING AND LEARNING IS IMPORTANT?

- Collaboration
- Exchange
- Support
- Cultural Awareness



Creating a global learning community

- <u>YES!!!</u>
- Twin your Psychology class...



Can I introduce a global element to the teaching and learning of Psychology?

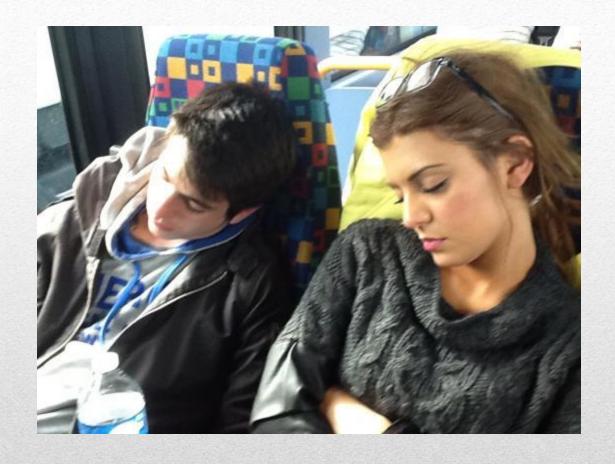
- 'Twinning classes': The current major project in EFPTA
- Promotes collaboration of Psychology teachers in Europe
- Potential for research projects, sharing of resources and possible teacher/student trips and exchanges, the planning of mutual study modules and learning about the latest research in various fields of Psychology

Twin your psychology class: The recipe for success!



- Make contact with a link teacher abroad
- Choose a workable subject area, e.g. Sleep or stress
- Contact your E-Safety advisor at School/College
- Set up a group Facebook page and invite your students to join
- Start planning research aims and procedures

The Twinning Project



How to set up a Collaborative Psychology Project on Sleep

- 1. Collaborating schools choose the same topic but a different focus, e.g. *Teenage sleep and motivation or sleep disorders*
- 2. Students conduct literature search on their area and begin project design
- 3. Skype presentation
- 4. Research questionnaires sent by email or dedicated Facebook page
- 5. Skype presentation of results and conclusions or flip cam footage put onto YouTube
- 6. Final poster presentation photos posted onto Facebook

Project area: Sleep

Why you know it makes sense...

- Help students to engage more with the Research Methods topic
- Active Psychology!
- Possible EPQ area
- Nurture their love of Psychology

Staff mobility:

- 1. <u>Teaching assignments</u>: this activity allows teachers to teach at a partner school abroad
- 2. Staff training: this activity supports the professional development of teachers in the form of: a) participation in structured courses or training events abroad; b) a job shadowing/observation period abroad in a partner school (from 2 days to 2 months)

Erasmus + 2014

Contact Hannele Puolakka
Vice President of EFPTA, and Finland representative
hannele.puolakka@fimnet.fi

How to get started...



attention!

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