



*General psychology – Mind, brain, behaviour* is a sophisticated psychology textbook written by Aldís U. Guðmundsdóttir and Jörgen L. Pind.

The book covers the main perspectives in modern psychology. It provides an introduction to the field of psychology, its history and special research areas, such as learning and memory, the workings of the brain and perception from a psychological point of view. Topics like vision and hearing, sleep and dreams are covered in detail, as well as the cognitive, biological and behavioural perspectives.

Covering most major areas of modern experimental psychology, this book examines key theories and studies in the field of psychology as well as introducing to students the main aspects of research methodology, including ethics, and statistics. An attempt is made to enliven the text by adding boxes with mini-biographies of some of the most eminent pioneers and interesting topics and annotations relevant to the topics under discussion.

The book contains various learning aids, such as detailed graphs, diagrams and photographs, critical thinking questions, chapter summaries, an Icelandic-English glossary (and vice versa) and a detailed list of references.

The book is 512 pages and further information is to be found on this website:

<http://www.forlagid.is/?p=5842>

Aldís U. Guðmundsdóttir is a teacher in charge of psychology at Hamrahlid College in Reykjavik, ICELAND, and Jörgen L. Pind is professor of psychology at the University of Iceland.