Psychology for every day: promoting life skills through the teaching of psychology

PROGRAMME (provisional*)

Thursday 16 April / štvrtok 16. apríla

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8.30</td>
<td>Cultural programme - Excursion to Vienna by bus, including visits to Freud and Frankl museums (optional, not included in the conference fee)</td>
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<td>19.00</td>
<td>Social programme - Informal dinner for participants arriving early (optional, not included in the conference fee)</td>
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Friday 17 April / piatok 17. apríla

<table>
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<th>Time</th>
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<tbody>
<tr>
<td>9.00</td>
<td>Cultural programme - Tourist train excursion to Bratislava Castle (optional, not included in the conference fee)</td>
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12.00 Conference registration opens

13.00 Conference opens: Welcome by EFPTA President Lenka Sokolová

13.15 KEYNOTE: Hormones shaping human cognition and behaviour
Daniela Ostatníková, Faculty of Medicine, Comenius University in Bratislava, Slovakia

14.00 Psychology teaching in Europe: Updates (1)
A series of short presentations (10-15 minutes each) on current projects and activities in psychology education by teachers and students from various countries.

- Education in Slovakia and the teaching of psychology
  Elena Júlia Kubišová, Ivana Slováková & Ester Szatmáry (Student teachers, Comenius University, Slovakia)

- Alignment between students’ motivation and promotion of life skills in psychology teaching:
  Exploring dilemmas and possibilities
  Åge Diseth (University of Bergen, Norway)

- BEEN THERE TOGETHER: Developing social skills through gaming
  Nina Mikušková & Dominika Belanská (Björn, Slovakia)

14.45 Coffee break, including ice-breaker game, poster presentations, registration for workshops

15.45 Discussion: feedback and reflection on the ice-breaker game

16.00 Keynote: Supporting mental health among upper secondary and vocational school students: NYTTI’s Learn about your mind - skills for well-being course
Päivi Kohta, NYTTI RY, national non-profit organisation, Helsinki, Finland.

16.45 Psychology teaching in Europe: Updates (2)
Short presentations:

- ESPLAT: An introduction to the new European Society for Psychology Learning and Teaching
  Sally Wiggins Young (ESPLAT President, and Linköping University, Sweden)

- Re-thinking psychological literacy for introductory courses in psychology education
  Paul Georg Geiss (Ella Lingens Gymnasium, and University of Vienna, Austria)

- Self-esteem work through the teaching of psychology
  Elva Björk Ágústsdóttir (Hamrahild College, Iceland)

- Why is co-operation important? An overview of EFPTA’s collaborative projects
  Lenka Sokolová (Comenius University, Bratislava)

17.30 Light buffet dinner with a glass of wine or beer, in the conference venue atrium (included in the conference fee)

* Note: Programme details are correct at time of publication but may be subject to change.
## Saturday 18 April / sobota 14. apríla

<table>
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<tr>
<th>Time</th>
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<tr>
<td>8.45</td>
<td><strong>Arrive for start at 9.00. Final registration for workshops</strong></td>
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<tr>
<td></td>
<td><strong>Parallel sessions 1 - Choice of workshops on various topics:</strong></td>
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| 9.00  | - **Storytelling in the teaching of psychology**  
        Jana Harušťáková (EDUMA, Slovakia)  
- **Learn about your mind: skills for a well-being course**  
        Päivi Kohta (NYYTI RY, Finland):  
- **Digital technologies and young children**  
        Raisa Chumicheva (Southern Federal University, Rostov-on-Don, Russia) & Olga Zvereva (Moscow State Pedagogical University, Russia)  
- **Mental Health in schools/colleges in the UK (symposium)**  
        Helen Kitching (DART-P, British Psychological Society, UK), Lucinda Powell (British Psychological Society, UK), Jock McGinty (Association for the Teaching of Psychology, UK) |
| 10.15 | **Coffee break and a quiz**                                                                                                                                                                               |
| 11.15 | **Parallel sessions 2 - Choice of workshops on various topics:**                                                                                                                                               |
|       | - **What skills shall we teach students for the future?**  
        Júlia Jánošíková (Gymnázium Malacky, Slovakia)  
- **How to start a collaborative project?**  
        Helena Haranen & Teija Jokinen-Luopa (Finnish Association for the Teaching of Psychology)  
- **How we teach to improve our students’ online behaviour in Denmark**  
        Janne Toftgaard & Mette Eggertsen (Danish Association for the Teaching of Psychology)  
- **Taking care of ourselves**  
        Evie Bentley (United Kingdom) |
| 12.30 | **Lunch**                                                                                                                                                                                                |
|       | **Parallel sessions 3 - Choice of workshops on various topics:**                                                                                                                                               |
| 14.00 | - **How to implement digital tools in a creative way in your classroom**  
        Anne Riekkinen (Lyseon lukio Joensuu) & Emmä Karjalainen (Järvenpään lukio) (Finland)  
- **Working together to develop the psychology curriculum in European schools**  
        Morag Williamson (ATP, Scotland) & Jukka Oksanen (Suomen Psykologiliitto, Finland)  
- **What motivates our students to read their textbooks?**  
        Jock McGinty (ATP, UK) & Ebba Christina Blåvarg (University of Stockholm, Sweden)  
- **Developing critical thinking skills in the psychology classroom**  
        Nikola Vorelová, Dominika Vajdová & Radomír Masaryk (Comenius University, Slovakia) |
| 15.30 | **Feedback, closing remarks and raffle**  
        Preview of EFPTA Conference 2022                                                                                                                                                                        |
| 16.00 | **Close of Conference**                                                                                                                                                                                  |
| 19.00 | **Social programme**  
        Farewell dinner on board a ship on the Danube  
        (optional, not included in the conference fee)                                                                                                                                                        |

## Sunday 17 April / nedеля 17. apríla

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<tr>
<th>Time</th>
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| 8.30  | **Cultural programme**  
        Boat trip to Devín Castle  
        (optional, not included in the conference fee)                                                                                                                                                       |