

# Psychology for every day: promoting life skills through the teaching of psychology

## PROGRAMME (provisional\*)

### Thursday 16 April / štvrtok 16. apríla

<b>8.30</b>	<b>Cultural programme</b> - Excursion to Vienna by bus, including visits to Freud and Frankl museums <i>(optional, not included in the conference fee)</i>
<b>19.00</b>	<b>Social programme</b> - Informal dinner for participants arriving early <i>(optional, not included in the conference fee)</i>

### Friday 17 April / piatok 17. apríla

<b>9.00</b>	<b>Cultural programme</b> - Tourist train excursion to Bratislava Castle <i>(optional, not included in the conference fee)</i>
<b>12.00</b>	<b>Conference registration opens</b>
<b>13.00</b>	<b>Conference opens: Welcome by EFPTA President Lenka Sokolová</b>
<b>13.15</b>	<b>KEYNOTE: Hormones shaping human cognition and behaviour</b> Daniela Ostatníková, Faculty of Medicine, Comenius University in Bratislava, Slovakia
<b>14.00</b>	<b>Psychology teaching in Europe: Updates (1)</b> A series of short presentations (10-15 minutes each) on current projects and activities in psychology education by teachers and students from various countries. <ul style="list-style-type: none"> <li>• <b>Education in Slovakia and the teaching of psychology</b> Elena Júlia Kubišová, Ivana Slováková &amp; Ester Szatmáry (Student teachers, Comenius University, Slovakia)</li> <li>• <b>Alignment between students' motivation and promotion of life skills in psychology teaching: Exploring dilemmas and possibilities</b> Åge Diseth (University of Bergen, Norway)</li> <li>• <b>BEEN THERE TOGETHER: Developing social skills through gaming</b> Nina Mikušková &amp; Dominika Belanská (Björn, Slovakia)</li> </ul>
<b>14.45</b>	<b>Coffee break, including ice-breaker game, poster presentations, registration for workshops</b>
<b>15.45</b>	<b>Discussion: feedback and reflection on the ice-breaker game</b>
<b>16.00</b>	<b>KEYNOTE: Supporting mental health among upper secondary and vocational school students: NYYTI's Learn about your mind - skills for well-being course</b> Päivi Kohta, NYYTI RY, national non-profit organisation, Helsinki, Finland.
<b>16.45</b>	<b>Psychology teaching in Europe: Updates (2)</b> Short presentations: <ul style="list-style-type: none"> <li>• <b>ESPLAT: An introduction to the new European Society for Psychology Learning and Teaching</b> Sally Wiggins Young (ESPLAT President, and Linköping University, Sweden)</li> <li>• <b>Re-thinking psychological literacy for introductory courses in psychology education</b> Paul Georg Geiss (Ella Lingens Gymnasium, and University of Vienna, Austria)</li> <li>• <b>Self-esteem work through the teaching of psychology</b> Elva Björk Ágústsdóttir (Hamrahlid College, Iceland)</li> <li>• <b>Why is co-operation important? An overview of EFPTA's collaborative projects</b> Lenka Sokolová (Comenius University, Bratislava)</li> </ul>
<b>17.30</b>	<b>Light buffet dinner with a glass of wine or beer, in the conference venue atrium</b> <i>(included in the conference fee)</i>

\* Note: Programme details are correct at time of publication but may be subject to change.

## Saturday 18 April / sobota 14. apríla

8.45	<b>Arrive for start at 9.00. Final registration for workshops</b>
	<b>Parallel sessions 1 - Choice of workshops on various topics:</b>
	<ul style="list-style-type: none"><li>• <b>Storytelling in the teaching of psychology</b> Jana Harušťáková (EDUMA, Slovakia)</li><li>• <b>Learn about your mind: skills for a well-being course</b> Päivi Kohta (NYTYI RY, Finland):</li></ul>
9.00	<ul style="list-style-type: none"><li>• <b>Digital technologies and young children</b> Raisa Chumicheva (Southern Federal University, Rostov-on-Don, Russia) &amp; Olga Zvereva (Moscow State Pedagogical University, Russia)</li><li>• <b>Mental Health in schools/colleges in the UK (symposium)</b> Helen Kitching (DART-P, British Psychological Society, UK), Lucinda Powell (British Psychological Society, UK), Jock McGinty (Association for the Teaching of Psychology, UK)</li></ul>
10.15	<b>Coffee break and a quiz</b>
	<b>Parallel sessions 2 - Choice of workshops on various topics:</b>
11.15	<ul style="list-style-type: none"><li>• <b>What skills shall we teach students for the future?</b> Júlia Jánošíková (Gymnázium Malacky, Slovakia)</li><li>• <b>How to start a collaborative project?</b> Helena Haranen &amp; Teija Jokinen-Luopa (Finnish Association for the Teaching of Psychology)</li><li>• <b>How we teach to improve our students' online behaviour in Denmark</b> Janne Toftgaard &amp; Mette Eggertsen (Danish Association for the Teaching of Psychology)</li><li>• <b>Taking care of ourselves</b> Evie Bentley (United Kingdom)</li></ul>
12.30	<b>Lunch</b>
	<b>Parallel sessions 3 - Choice of workshops on various topics:</b>
14.00	<ul style="list-style-type: none"><li>• <b>How to implement digital tools in a creative way in your classroom</b> Anne Riekkinen (Lyseon lukio Joensuu) &amp; Emma Karjalainen (Järvenpään lukio) (Finland)</li><li>• <b>Working together to develop the psychology curriculum in European schools</b> Morag Williamson (ATP, Scotland) &amp; Jukka Oksanen (Suomen Psykologiliitto, Finland)</li><li>• <b>What motivates our students to read their textbooks?</b> Jock McGinty (ATP, UK) &amp; Ebba Christina Blåvarg (University of Stockholm, Sweden)</li><li>• <b>Developing critical thinking skills in the psychology classroom</b> Nikola Vorelová, Dominika Vajdová &amp; Radomír Masaryk (Comenius University, Slovakia)</li></ul>
15.30	<b>Feedback, closing remarks and raffle</b> <b>Preview of EFPTA Conference 2022</b>
16.00	<b>Close of Conference</b>
	<b>Social programme</b>
19.00	<b>Farewell dinner on board a ship on the Danube</b> <i>(optional, not included in the conference fee)</i>

## Sunday 17 April / nedeľa 17. apríla

8.30	<b>Cultural programme</b> Boat trip to Devín Castle <i>(optional, not included in the conference fee)</i>
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